

# CPR for Infants – Quick Guide



## 1. Shout and Tap

Shout and gently tap the child on the shoulder. If there is no response, position the infant on his or her back



## 2. Open The Airway

Open the airway using a head tilt lifting of chin. Do not tilt the head too far back



## 3. Give 2 Gentle Breaths

If the baby is NOT breathing give 2 small gentle breaths. Cover the baby's mouth and nose with your mouth. Each breath should be 1 second long. You should see the baby's chest rise with each breath.



## 4. Give 30 Compressions

Give 30 gentle chest compressions at the rate of 100 per minute. Use two or three fingers in the center of the chest just below the nipples. Press down approximately one-third the depth of the chest.

## 5. Repeat

Repeat with 2 breath and 30 compressions. After two minutes of repeated cycles call 911 and continue giving breaths and compressions.